

Join 4-H!

Catawba County 4-H Clubs



What is 4-H?

4-H is a youth development program offered through NC Cooperative Extension. With a variety of clubs, 4-H youth ages 5-18 explore different topics while building leadership and life skills. There are a wide variety of county, regional, and state opportunities for active members. Get involved by joining an existing club or start a new club.

Animal & Plant Science

Poultry 4-H Club

Ages: 5*-18

Meetings: 1st Tuesday of the Month, 5:30-6:30pm, at the Agricultural Resources Center.

Members are introduced to Poultry Science with hands on activities. Interested members compete @NCState at Avian Bowl and Poultry Judging each summer.

Leaders: Tabitha Yates, c4hpoultryclub@gmail.com and Leah Livingston

Catawba Livestock Club

Ages: 5*-18

Meetings: 1st Monday of the Month, 6:30pm, at the Agricultural Resources Center.

Members are involved in learning about agriculture, animal science, and showing livestock.

Leader: Alisha Lidke, 828-217-2551

Catawba 4-H Equestrians

Ages: 6-17

Meetings: 1st Monday of the Month, 6:30pm-7:30pm, in the Mountainview Area

Members participate in hands on learning activities related to horses, and participate in a variety of community service projects.

Leaders: Brian & April Bean, sweetpeasgat@gmail.com

D.I.G. - Discoveries in Gardening

Ages: 5*-18

Meetings: 2nd Thursday of the Month, 6pm, at the Agricultural Resource Center

Members of the Discoveries in the Garden club explore plants, nature, and related topics.

Leader: Sue Stulpin, catawba1469@yahoo.com

General and Healthy Living

STAR Explorers 4-H Club

Ages: 8-13

Meetings: Meet Monthly, typically the 3rd Friday

Great for first time 4-H families who want to learn about 4-H, enjoy hands on activities and field trips. Email for details on their next meeting.

Leader: Jessica Stamey, jessica.r.stamey@gmail.com

Clover Explorers 4-H Club

Ages: 5*-12

Meetings: 3rd Friday of the Month, 1pm, at the Agricultural Resource Center

Members discover 4-H with lots of different hands-on learning activities with a different topic each month.

Leader: Lisa Ortiz, lisa.ortiz25@gmail.com

4-H Hiking Club

Ages: 5*-12

Meetings: 4th Friday of the Month, 10am, email for location

Hike a variety of local trails, parents hike with their 4-H'ers.

Leader: Lilia Pina, liliapina5@gmail.com

Kicking Clovers Taekwondo

Ages: 5*-18

Meetings: 2nd & 4th Friday of the Month, 4pm, at the Agricultural Resource Center

Members learn Taekwondo for better health and confidence. New members start in September and in January. \$10 fee at belt testing in the Spring, scholarships available.

Leader: Ronnie Hicks, dohickle03@gmail.com

Must be 5 on January 1st of the current year to participate

Club attendance requires yearly registration at 4honline.com

This includes health, medical, and transportation consent forms. Call with any questions.

We love our Volunteers!

Volunteers are an essential part of 4-H. We cannot offer clubs without volunteer leaders. Consider getting involved as a club leader or a helper!

To learn more about being a volunteer, contact **Dana Florez**, dmflorez@ncsu.edu

STEM & Technology

It's Electric Club

Ages: 9-18

Meetings: 2nd Thursday of the Month, 4-5:30pm, at the Agricultural Resources Center.

Explore electronics with hands-on activities including simple and parallel circuits, LED bulbs, batteries, and more.

Leader: Sue Stulpin, catawba1469@yahoo.com

Home H STEM Club

Ages: 6-12

Meetings: 2nd Friday of the Month, 10am-12pm, at the Agricultural Resources Center.

Members explore different activities each month, including engineering design process, LEGO robotics, and more!

Leaders: Lori Devine & Lilia Pina, liliapina5@gmail.com



Amazing Circuits Robotics Club

Ages: 9-18

Meetings: 1st & 3rd Thursday of the Month, 4-5:30pm, at the Agricultural Resource Center.

Members learn the basics of robotics with different building and coding challenges.

Leader: Jeffery Kiefer, jkiefer@cvcc.edu

Club is at Capacity, join the waitlist

4-H Library LEGO Robotics

Grades: 2nd-4th

Meetings: offered in 5-6 week sessions throughout the school year in cooperation with Catawba libraries.

Students use LEGO to learn about teamwork, block coding, and motorizing LEGO builds.

Leader: Dana Florez, danaf@catawbacountync.gov

Cooking, Shooting & Community Clubs

Teen Cooking Club

Ages: 12*-18

Meetings: 3rd Thursday of the Month, 5-7:15pm, at the Agricultural Resource Center

Members will learn cooking skills and share their favorite recipes. *12 as of the start of the school year

Leader: Kelli Sigmon, kelliajo@hotmail.com

Top Shots Shooting Sports

Ages: 8-18

Meetings: Wednesdays, March-September, 6pm, at the Catawba Valley Rifle & Pistol Club

Offering shotgun, rifle, archery, and muzzle loading. Accepting new members at the beginning of the calendar year. Interest meeting held in January.

Leaders: Robyn Townsend, robyn.townsend@live.com

Juntos 4-H Club

Grades: 8th-12th

Meetings: offered at Arndt Middle, St Stephens High, Challenger High School

Students explore options for career training and secondary education through academic coaching and bilingual family nights.

Leader: Yulibeth Yanez-Chavez, yanez@catawbacountync.gov

Catawba County Youth Council

Grades: 9th-12th

Meetings: 2nd Monday of the Month, 6:30pm, at the Agricultural Resource Center

Students from each high school work on projects and participate in citizenship and leadership programs. Great resume builder!

Leaders: Donna Mull, dhmull@ncsu.edu and Dana Florez



INTERESTED IN A CLUB?

OR HAVE QUESTIONS ABOUT 4-H?

Call or email Dana Florez, 828-465-8247, dmflorez@ncsu.edu

***Clubs are subject to change
September, 2026**



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In compliance with the Americans with Disabilities Act, N.C. Cooperative Extension will honor requests for reasonable accommodations made by individuals with disabilities. Please direct accommodation requests to: County Extension Director 828-465-8240. Requests can be served more effectively if notice is provided at least 10 days before the event.