

# WAKE COUNTY 4-H



Youth Food Security Summit  
September 13, 2025



Spark Expo  
August 22, 2025

Leadership Development | Community Service | Civic Engagement  
Healthy Lifestyles | Life Skills | Goal Setting | Critical Thinking

## JOIN OUR NEW 4-H CIVIC ENGAGEMENT COUNCIL!



The 4-H Civic Engagement Council is a nonpartisan opportunity for Wake County teens to lead, learn, and engage their community by hosting events, creating voter guides, and developing outreach.

## 5<sup>TH</sup> ANNUAL TEEN-LED WALK FOR MENTAL HEALTH

**When?** Saturday, October 4<sup>th</sup> at 10 AM  
**Where?** Historic Oakview Park

Open to all ages, this youth-led event is a powerful opportunity to support mental health awareness and foster meaningful dialogue. Hosted by **Wake County 4-H Teen Council** and benefiting the National Alliance on Mental Illness (NAMI) Wake County, the Walk for Mental Health raises awareness and funds to support individuals, families, and communities facing mental health challenges.

- Educational displays
- Community engagement
- Informational resources
- Refreshments and snacks



Walk with us! Free admission! All welcome! Scan or click the QR code to register on Eventbrite!

## BOO-NICIPALITY KIDS VOTING EVENT!



**When?** Saturday, November 1<sup>st</sup> 1-4PM  
**Where?** Wake Co. 4-H Extension Office  
Wear your costume and participate in a variety of fall-themed activities designed to help youth learn about local elections.

## LIBERATION OUT LOUD (LOL) CLUB FOR TEENS!



Build leadership skills, earn service hours, and use your voice for change.  
**When?** First Meeting October 9th  
**Where?** Green Road Community Library  
**Who?** Wake County teens, ages 13-19

Join the club! LOL meets every other Thursday, starting October 9<sup>th</sup>. Scan or click the QR code to fill out an interest form.



**Stay Connected!**

@Wake4H @WakeCoopExt

