

YADKIN COUNTY COOPERATIVE EXTENSION SERVICE

April 2026

Yadkin County Cooperative Extension

Family & Consumer Sciences Newsletter



National Garden Month

April is National Garden Month, and it is the perfect time to celebrate North Carolina's fresh flavors! You can get into the spirit by picking up some in-season favorites like asparagus, strawberries, and various greens to bring that garden-fresh taste to your table. If you're looking for a way to use those spring crops, there's a great recipe for a Spring Strawberry Rhubarb Pie that only takes about 20 minutes to prep.

Beyond the kitchen, there are plenty of ways to stay active and learn something new this month. You can join the walking group at the Yadkinville Library on Wednesday afternoons or sign up for the DIY Laundry Pods workshop on April 24th for just \$15. Families won't want to miss Healthy Kids Day on Saturday, April 25th, which features free activities like a fun run, music, and face painting. Whether you're focused on your garden or your community, there's something for everyone to enjoy this April!

If you want to stay updated on the Family & Consumer Sciences program in the upcoming months, please send your email or mailing address to cpjohns5@ncsu.edu to join our mailing list.

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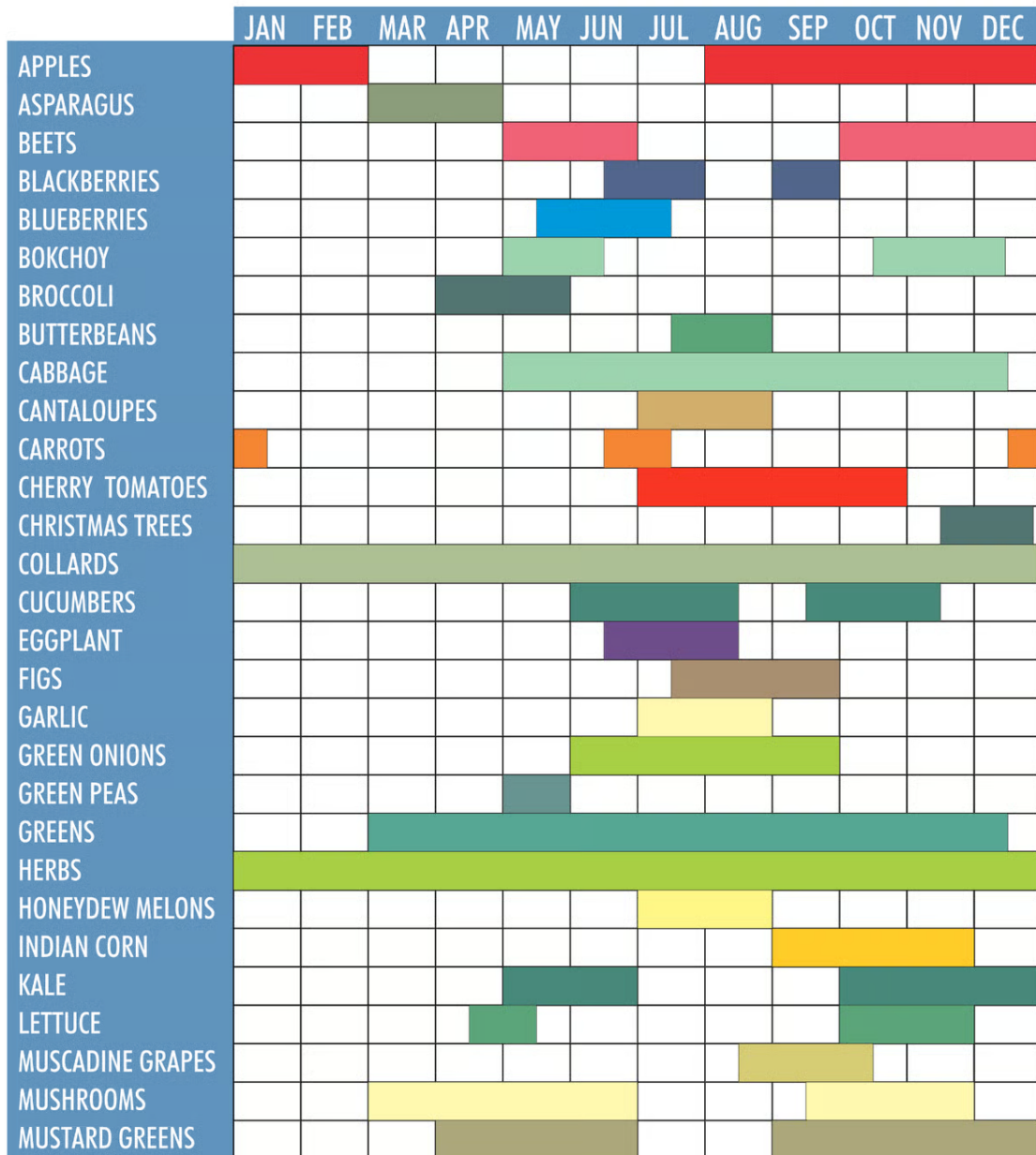
Community
Events

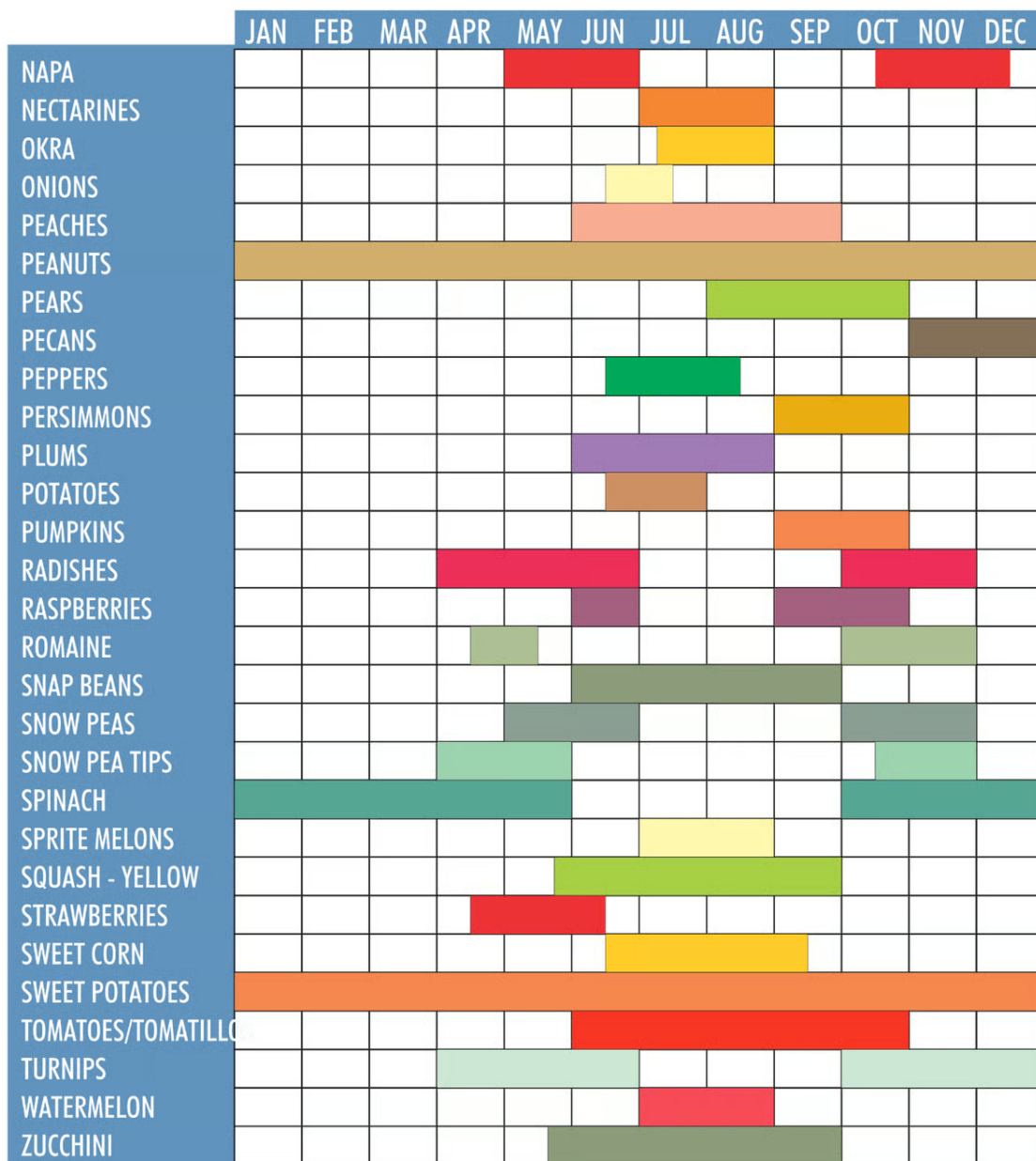
What's in Season?

North Carolina Fruit and Vegetable Availability

You can use this guide to choose the freshest, best tasting produce obtainable!

Insist on buying locally grown food in grocery stores, restaurants, in the work place and schools,
Or- buy direct from a local grower at a farmers market, pick-your-own or roadside farm market.





For directories and more information about NC produce, visit www.ncdamarkets.org.

Agriculture is NC's #1 industry. When you see the Goodness Grows in North Carolina logo on food products, you are contributing to the economic growth of North Carolina and to our farmers.



Spring Strawberry Rhubarb Pie

Prep Time: 20 mins

Cook Time: 45 mins



Ingredients

- 1 14.1-ounce package double crust pie pastry, thawed
- 4 cups diced rhubarb
- 3 cups sliced fresh strawberries
- 1 ½ cups white sugar
- 6 tablespoons quick-cooking tapioca
- 1 teaspoon orange zest
- 1 tablespoon milk
- 1 tablespoon white sugar
- 1 cup all-purpose flour (Optional)
- 1 cup white sugar (Optional)
- 1 teaspoon salt (Optional)
- ½ cup butter (Optional)

Directions

1. Preheat the oven to 400 degrees F (205 degrees C).
 2. Line a 9-inch pie plate with 1 pastry crust. Set aside.
 3. Mix together rhubarb, strawberries, 1 ½ cups sugar, tapioca, and orange zest until well combined; spoon into crust.
 4. Roll out remaining pastry on a lightly floured surface and place over rhubarb mixture. Seal the edges, brush the top crust with milk, then sprinkle with 1 tablespoon sugar.
 5. Bake in the preheated oven for 10 minutes. Reduce the heat to 350 degrees F (175 degrees C) and bake for 35 minutes more.
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Make Your Own Laundry Detergent Pods

If you've ever considered making your own laundry detergent pods, now is the time! Participants will learn a simple recipe and take home custom laundry detergent pods.

April 24th
4:00PM-5:00PM

Cost: \$15

Yadkin County Agricultural Building
2051 Agricultural Way, Yadkinville, NC 27055

Registration: Contact Chelsea Johnson to register at Chelsea_Johnson@ncsu.edu or 336-849-7908 or scan the QR code



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EXTENSION**

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In compliance with the Americans with Disabilities Act, N.C. Cooperative Extension will honor requests for reasonable accommodations made by individuals with disabilities. Please direct accommodation requests to chelsea.johnson, cpjohns5@ncsu.edu or 336-849-7908. Requests can be served more effectively if notice is provided at least 10 days before the event.

HEALTHY KIDS DAY

Join Smart Start of Yadkin County and the Yadkin Family YMCA as they celebrate the Week of the Young Child.

Address

6600 Service Road,
Yadkinville, NC 27055
(behind the YMCA)

Date and Time

Saturday, April 25th,
2026, 10:00am-
1:00pm

Contact Us

Call 336-677-1124 for
more information!

FREE Activities For the Whole Family!



Music by DJ NoShame!
Balloon Twisting
Face Painting
Games and Healthy Snacks
Fun Run/Fun Walk
Fire Trucks
Agency Information Booths
Door Prizes
Inflatables



2026 April Some events require advance registration and payment. Please call 336-849-7877 or email Chelsea_Johnson@ncsu.edu for inquiries.						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Good Friday (Office Closed)	4
5	6	7	8 Walking Group Yadkinville Library 1P-2P	9	10	11
12	13	14 Extension At Home Virtual Series 12P-1P	15	16	17	18
19	20	21	22 Walking Group Yadkinville Library 1P-2P	23	24 DIY Laundry Pods Workshop 4P-5P	25
26	27	28	29	30		









Extension At Home

Helping You Improve Your Life!

Every Second Tuesday of The Month 12:00 pm ET



Find us at go.ncsu.edu/extensionathome

January 13 - Cut the Clutter

February 10 - Positively Plant-Packed Meals

March 10 - Discover the Power of Nutrition

April 14 - Mindfulness Fundamentals

May 12 - Fire Up the Grill: Grilling & Food Safety Tips

June 9 - Savvy Meat Cuts: Budget Better



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Yadkin County Cooperative Extension
2051 Agricultural Way, Suite 201
Yadkinville, NC 27055
336-849-7908
Monday - Friday ~ 8AM - 5PM

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@YadkinCountyFCS



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