



National 4-H Week

October 4–10, 2026

North Carolina 4-H is joining 4-H communities across the country to celebrate **National 4-H Week, October 4–10!** Throughout the week, 4-H members, volunteers, families, alumni and supporters across our state will come together to celebrate the experiences, achievements and people that make 4-H possible.

Through hands-on learning opportunities across all 100 counties and the Qualla Boundary, North Carolina 4-H helps young people build skills, discover their potential and prepare for college, careers and life.

This National 4-H Week, join us in celebrating how North Carolina 4-H youth are **Beyond Ready** for what comes next.

Two nationwide days offer special ways to join in during National 4-H Week.



DAY 1

GO GREEN

Monday, October 5

Show your 4-H spirit by **going green!** Wear green and join 4-H supporters across the country in showing 4-H pride. From clothing and accessories to decorations, there are plenty of ways to take part. Anything green goes!

Let's paint the nation GREEN, on Monday, October 5!

DAY 2

THANKFUL THURSDAY

Thursday, October 8



Take time to recognize the people and experiences that make 4-H possible! Thank someone who has made a difference in your 4-H journey, share a favorite memory or highlight something you are thankful for because of 4-H.

Share who you're thankful for on Thursday, October 8!

We want to see how you're celebrating National 4-H Week!

Share your photos, stories and favorite moments throughout the week and show us what 4-H looks like in your community.

Use **#4HBeyondReady** and **#National4HWeek**, and tag **North Carolina 4-H** and **National 4-H** on social media so we can celebrate with you!

National 4-H Week is happening all across North Carolina!

Follow along throughout the week for the latest news, highlights and opportunities, and see how 4-H members, volunteers and communities across the state are joining the celebration.

| NC4H.org



Beyond Ready



TAGS/MENTIONS

- **Facebook:** @NorthCarolina4H
- **Instagram:** @northcarolina4h
- **LinkedIn:** North Carolina 4-H

HASHTAGS

- **#4HBeyondReady**
- **#National4HWeek**